



FSSA Update

October 2017

Telemedicine launches at Richmond State Hospital

In July Richmond State Hospital became the first State Psychiatric Hospital in Indiana to offer telemedicine, the practice of using computer interfaces so that patients may receive face-to-face assessment and treatment with a practitioner not on site.

After almost two years of preparations and planning with Dr. Jerry Sheward, the chief medical officer of the new [Neuro-diagnostic Institute and Advanced Treatment Center](#), RSH Superintendent Dr. Warren Fournier negotiated with one of the leading firms in telemedicine, Genoa Health, to create a state hospital unit for persons with severe mental illness operated autonomously by a telehealth provider. With the ingenuity and hard work of the RSH unit staff, headed by Service Line Manager Corey Laughlin, psychiatrist Dr. Nasreen Malik provides a full array of services out of her home office in Florida, and despite the distance, both patients and staff agree that top quality care is being provided.

Each patient's session begins with RSH staff uploading all lab reports, patient history and other information for Dr. Malik ahead of time so the psychiatrist has the appropriate information before seeing the patient. The patients are interviewed, and the doctor generates a report within 24 hours, which goes in the patient's record. The doctor can also enter orders just like an onsite doctor. After each visit, patients can take a brief survey to document their experience.

For many years, telemedicine technology has brought services to rural communities with limited access to health care, as well as provided practitioners in areas where recruitment of health care professionals is difficult. By expanding technology available to our state psychiatric hospitals, patients will never be without 24 hour care of a physician. Richmond is proud to be a part of this historic step which represents how Richmond State Hospital is truly a center of excellence.

Open Enrollment

Open Enrollment is underway and ends on November 15, 2017.

This is an excellent opportunity to review and make changes to your benefit plans, as well as learn about the many great wellness resources available to you as a state employee. To view plan rates, benefit summaries and more, please visit the Open Enrollment Web page by clicking [here](#).



OE 2018
Benefits Open Enrollment
OCT. 25 - NOV. 15
Deadline is Wednesday,
Nov. 15 by noon EST

SECC Jeans Incentive

To date Team FSSA has pledged \$137,000... \$145,500... **\$155,000** for charities as part of this year's State Employees' Community Campaign. Dr. Walthall would like to keep the momentum going before the campaign ends on November 17 by offering a few incentives and highlighting the Healthy Hoosiers Foundation.



Jeans week

The week of Halloween, October 30 – November 3, will be a jeans week for staff members that sign up for or currently have a reoccurring payroll deduction, which is a minimum of \$1 per paycheck. (You may also chose do a one-time donation of at least \$26.) A payroll deduction is the quickest and easiest way to contribute to the SECC and may be done either by using the paper pledge form (available on The Hub) or through the [SECC web page](#). A payroll deduction also has a more lasting influence as the charity of your choosing will receive funds throughout the year and will know how much you have pledged to them. This helps them use your donation more strategically to make a stronger impact.

Staff will need to turn in a paper pledge form or a screenshot from the [SECC web page](#) to their supervisor by October 30, proving they signed up for the payroll deduction or made a one-time donation in order to earn this incentive.

Contractors may participate by making the one-time donation using the paper pledge form.

Future Jeans Weeks

If together, FSSA hits our target goal of \$165,000 by the end of the campaign on November 17, all staff will be able to wear jeans for the weeks of Thanksgiving, Christmas and Fourth of July!

Healthy Hoosiers Foundation

The [Healthy Hoosiers Foundation](#) is a non-profit organization operated by our colleagues at the Indiana State Department of Health. The Healthy Hoosiers Foundation was established to

fund programs that, like many FSSA programs, promote the health and well-being of Hoosiers. The foundation focuses on key public health initiatives such as reducing infant mortality and smoking rates. If you wish to donate to the foundation through the SECC, their charity code is 726400. Thank you for

your contributions to the SECC campaign. Your generosity is helping to make a difference in our communities and around the world. Please email SECC@indiana.gov with any questions and additional information can be found on the SECC section of [The Hub](#).



FSSA wins Paddle Battle XII

The FSSA team of Robert Glass, Johnny Varner, Ryan Torres and Jeff Chapman claimed the title of 2017 Paddle Battle Champion. The charity chosen by FSSA to receive the \$800 donation is [Kid's Voice of Indiana](#), which protects endangered children by providing legal education, child advocacy and family visitation through a variety of programs.



East Chicago Community Outreach

The Lake County DFR East Chicago office was recently invited to attend a monthly BINGO night for *Moms Taking Charge* at the Lakeside Garden Apartments.

Moms Taking Charge assists single mothers in obtaining housing, counseling, public assistance, a GED, child care and other resources.

East Chicago FSSA staff donated schools supplies for the back to school give away.

The parents, children and staff at the center were excited about receiving the supplies and FSSA staff were honored to have been a part of this great event.



Safety and Security Essentials

The FSSA Physical Plant Operations team would like to remind staff of a few safety and security essentials so that we may continue to have safe and productive work environments. Additional safety and security items may be found on the [Emergency Information and Procures page of The Hub](#).

- All employees should be wearing their state ID badges while working and these should be easily visible. If someone doesn't have a state badge or a red temporary badge in a work area, employees should politely question the individual as to their purpose for being in the area and if they can be helped.
- Employees with offices should keep their doors closed and locked when away from their desks.
- Personal belongings are the responsibility of the employee and should be kept in a secured location.
- Confidential information should be locked in a drawer or filing cabinet when not being used, not on an employee's desk.
- Doors with card reader access assigned to them should never be propped open and people should not allow others to piggyback off of their swipes.
- If an employee requires special access to an area (badge access levels or keys), a request should be sent to PhysPlantOps@fssa.IN.gov with written approval of the individual's supervisor.
- Any security or injury related incidents should be reported to PhysPlantOps@fssa.in.gov using the Incident or First Report of Injury/Illness state forms, which are available on the Emergency Information and Procures page of [The Hub](#).
- Whenever there is a possible breach of HIPAA protocols, including an unescorted guest in secured space, please send an Incident summary form via secured email to fssa.privacyoffice@fssa.in.gov.
- If you see something that is out of the ordinary or suspicious, please say something. Report any unusual activity immediately to a supervisor or office manager for immediate resolution and contact the Physical Plant Operations manager at (317) 910-3303, (317) 232-4720 or PhysPlantOps@fssa.IN.gov as soon as possible.



CVS partners with the state to offer flu shots



CVS pharmacists will be hosting flu shot clinics at many state facilities across Indiana.

A list of available clinics at other state facilities is available on the [Invest In Your Health website](#), and more dates and locations will be added. CVS pharmacies are also administering vaccines at participating retail locations. Vaccinations may also be administered at your doctor's office, retail pharmacy or nearby walk-in clinic. You must bring your Anthem ID card and a completed waiver prior to receiving the vaccination which is also available on the [Invest In Your Health website](#).

Since most preventive care services are covered at 100 percent, employees with the state's health plan and their eligible dependents should get vaccinated. If you do not carry state insurance, CVS will be processing other insurance providers, however it is not guaranteed they will be accepted. The out-of-pocket cost for the Quadrivalent Influenza vaccine (patients 64 and younger) is \$40.99, or \$66.99 for the HD vaccine (patients 65 and older). Checks should be made payable to CVS Pharmacy.

Help us replace the "Blue Button!"

The Office of Early Childhood and Out-of-School Learning (OECOSL) is in the process of phasing out its **Free Child Care Search** blue button and replacing it with a new **Child Care Search** icon that links to the Child Care Finder website, www.ChildCareFinder.In.gov. The change has been completed on the OECOSL home page and partners have been sent instructions to make the transition on their websites. The target date for the completion of the transition is December 31, 2017.

If you happen to see the blue button on any website, please send an email with that web address to Caroline King at Caroline.King@fssa.in.gov.

Old:



New:



Five Questions



Caleb Slocum

Physical Plant Operations Manager

Certified in: OSHA General Industry, Incident Command Structure, National Incident Management Systems, First Aid Trainer with the American Heart Association

Vocational Training: Computer Repair and Network Administration

Career Highlights: After graduating from high school, I joined the U.S. Army as an Intelligence Analyst. Due to a leg injury, I left the service and worked in security and loss prevention. In 2014, I joined the Indiana State Department of Health as a stores clerk, where I was quickly promoted to a program director. While at ISDH, I served as the logistics officer on the response team for the HIV outbreak in Scott County, overhauled ISDH's inventory management system, helped design and implement the Active Shooter Response system that ISP-SWAT uses as the model to teach other organizations and developed a First Aid/CPR training program for ISDH employees.

1 What attracted you to a career here at FSSA?

FSSA is known for its positive work environment, teamwork and ability to get things done. When I heard that this position was open, I jumped at the chance to further my career by performing similar duties for a much larger agency.

2 What gives you a sense of accomplishment professionally?

Overcoming challenges, seeing my accomplishments make a difference for others, being able to help needy people during a time of crisis and learning/applying new skills in interesting ways to overcome adversity.

3 What do you want FSSA workers to know about the work you're doing?

Many people interact with the day-to-day work of Physical Plant Operations: mail stops, badge access, incident reports, furniture, forms and records, etc. What most people don't know is that we also act as liaisons with other agencies like FEMA, IDHS, ISDH and IDOA. I'm working with several groups currently to update our security protocols, emergency action plans and FSSA's role in the case of a large scale disaster.

4 What is the best advice you can offer, based on your years of experience?

It is of paramount importance to network. You may not know how to do something or get something accomplished, but if you know the right people, you can get the answers quickly.

5 What about your background might your coworkers find surprising?

I'm a Jack of All Trades. I like to collect skills like others collect baseball cards. If I come across a challenge, I find the learning materials or teach myself how to overcome it via trial and error. I have built my own backyard forge and kiln so that I can blacksmith, smelt and cast. I've also learned how to build a plasma reaction chamber out of household appliances that can generate enough heat to liquify stone in my garage. However, it produces too much radiation to do it frequently.

I'm also willing to bet that I'm the most accident-prone person you'll ever meet and that I have the craziest stories to boot.